

Family Care Benefits for BJH and SLCH Residents and Fellows

Back-up care is available through Bright Horizons when you have a caregiving emergency that would interfere with your normal work responsibilities—a sick caregiver, a shift change, school, or childcare center closure, help after an accident or illness. Back-up care is not intended to be used as regular, on-going care.

You can request same day care or care up to 60 days in advance. Instructions for accessing back-up care, and other family supports, are below:

Emergency Back-Up Care
<p>Register and Set Up an Account with Bright Horizons</p> <p>Username: WUBACKUP Password: BACKUP ID #: Use the ID on your WUSTL badge or log in to Workday to locate your 6-digit ID #.</p>
<p>Benefit Overview</p> <ul style="list-style-type: none"> • Access up to 20 total uses each calendar year. Unused days do <i>not</i> roll-over to the next year • For children, reserve care in your own home, at a high-quality center, or with your chosen back-up caregiver. • For adults, reserve care in your home, or the adult’s home (even if they live outside of St. Louis), or with your chosen back-up caregiver. • Co-Pays: <ul style="list-style-type: none"> ○ In-Home Care: \$7/hour with a four-hour minimum ○ Center-Based Care: \$20/child/day (\$30 max per family) • Using your own back-up caregiver (Out-of-Network Care): Pay your caregiver and receive reimbursement of \$150/use.
<p>Using Back-Up Care</p> <ul style="list-style-type: none"> • Reserve back-up care with Bright Horizons • Or call 877-242-2737 • Download and reserve care from the Bright Horizons app. (Out-of-Network Care can only be reserved on the main website.)
Additional Family Supports
<ul style="list-style-type: none"> • Discounted tuition at select partner centers in Bright Horizons childcare network • Free access to Sittercity—an online marketplace of sitters, pet care and housekeepers • Personalized nanny placement through Jovie with discounted placement fees • Discounts on tutoring and test prep through Revolution Prep • Elder caregiving planning resources through Years Ahead <p style="text-align: center;">Access these supports from Bright Horizons</p>
Questions
<ul style="list-style-type: none"> • Lisa Eberle-Mayse, Washington University’s Child and Family Care Facilitator, 314-935-3060 or lisae@wustl.edu. • Bright Horizons Customer Service, 877-242-2737