Instrument to Measure Reflection on Participation in Quality Improvement Activities for Maintenance of Certification

1. This quality improvement project did not require much thought.
   1 – Strongly disagree
   2 – Disagree
   3 – Neutral
   4 – Agree
   5 – Strongly agree

2. I was able to complete this quality improvement project without thinking about it.
   1 – Strongly disagree
   2 – Disagree
   3 – Neutral
   4 – Agree
   5 – Strongly agree

3. When working on this quality improvement project, I did tasks without having to think about them.
   1 – Strongly disagree
   2 – Disagree
   3 – Neutral
   4 – Agree
   5 – Strongly agree

4. When completing this quality improvement project, I continually reflected on what I had previously known about improvement methodologies.
   1 – Strongly disagree
   2 – Disagree
   3 – Neutral
   4 – Agree
   5 – Strongly agree

5. I needed to understand the process of quality improvement to get credit for this project.
   1 – Strongly disagree
   2 – Disagree
   3 – Neutral
   4 – Agree
   5 – Strongly agree
6. Doing this project required me to understand the methodologies of quality improvement.

1 – Strongly disagree
2 – Disagree
3 – Neutral
4 – Agree
5 – Strongly agree

7. When doing this quality improvement project, I often reflected on my actions to see whether I could have improved on what I did.

1 – Strongly disagree
2 – Disagree
3 – Neutral
4 – Agree
5 – Strongly agree

8. After completing this quality improvement project, I considered what I had been doing and alternative ways of doing it.

1 – Strongly disagree
2 – Disagree
3 – Neutral
4 – Agree
5 – Strongly agree

9. Working on this quality improvement project caused me to question other peoples’ habits, and consider ways to improve my own work.

1 – Strongly disagree
2 – Disagree
3 – Neutral
4 – Agree
5 – Strongly agree

10. As a result of completing this quality improvement project, I have changed my normal way of thinking about things.

1 – Strongly disagree
2 – Disagree
3 – Neutral
4 – Agree
5 – Strongly agree
11. Doing this quality improvement project has challenged some of my firmly held ideas.

   1 – Strongly disagree
   2 – Disagree
   3 – Neutral
   4 – Agree
   5 – Strongly agree

12. When doing this quality improvement project, I discovered faults in what I had previously believed to be correct.

   1 – Strongly disagree
   2 – Disagree
   3 – Neutral
   4 – Agree
   5 – Strongly agree