Anti-Racism Resources

**WUSM Diversity, Equity Inclusion (DEI) Office Resources**

**WUSM DEI Office Events** – including Listening Sessions on How Racism Harms for trainees, faculty and staff

**A comprehensive list of anti-racism resources** – includes books, podcasts, movies, etc…

**A shared document of tools/resources from the medical education community**

**A small selection of resources for the busy trainee – ones that may fit more easily into a limited schedule:**

**Articles**

**3 Things you should not say to your Black colleagues right now**

Two articles by Dr. Jessi Gold, WUSM Psychiatrist – Voices of Black Doctors

- [I Am Tired: What Black Doctors Need you to Know Right Now](https://characterlab.org/tips-of-the-week/how-to-be-supportive/)
- [Black Doctors Need More Than Demonstrations, They Need Change](https://characterlab.org/tips-of-the-week/how-to-be-supportive/)

**Books**

*There are so many you could choose from, the list below are books on the shorter side, so might be easier to manage with a busy schedule, there are many others that are also very good.*

**White Fragility** – by Robin DiAngelo

**Me and White Supremacy** – by Layla Saad; a 28 day journey of reading and reflecting. Will take 20-30m of work/day

**Stamped: Racism, Antiracism, and You: A Remix of the National Book Award-winning Stamped from the Beginning** – by Jason Reynolds and Ibram X. Kendi; a young adult version of the book Stamped from the Beginning (by Kendi), and therefore a little shorter to read.

**I'm Still Here: Black Dignity in a World Made for Whiteness** – by Austin Channing Brown

**Sister Outsider** - by Audre Lorde; essays that take on racism, sexism, ageism, homophobia…

**Podcasts**

**Code Switch (NPR)**
**Brene Brown with Ibram X. Kendi** on How to be an AntiRacist

**Brene Brown with Austin Channing Brown** on I’m Still Hear: Black Dignity in a World Made for Whiteness

**Other**

_Six techniques for Speaking Up – from the DEI office_

_Guidelines for being strong white allies_

_Racism Matters webinar series_

_COVID-19 and Race_ series from the WUSTL Clark-Fox Policy Institute (numerous links to articles as well as listening options)

_A 21 day racial equity challenge_ (offers lots of choices of things to do)